



**CYBER READINESS**  
INSTITUTE

# Cyber Basics for Small Businesses

Session 2

# Today's Agenda

## Prevent Phishing and Malware

- Introduction
- Anti-virus
- Domain Name System (DNS) Filtering

# Week 1 Refresher

## Know What You Have and Update Your Defenses

- Complete the inventory for all your devices, software, and accounts
- Ensure all your software is up to date – patched to the latest revision
  - Set to automatically update where possible
- Identify third parties who can remotely access devices within your environment

## Beyond Simple Passwords

- Ensure all your accounts use strong and different (unique) passwords
- Enable 2FA for all your accounts (where 2FA is supported)
- Check your remotely accessible devices for admin/admin default settings.



# **Prevent Phishing and Malware**

# Prevent Phishing and Malware

**Over 90% of cyber-attacks start with a phishing email!**

They are NOT easy to spot



- Is it really from someone you know? It may look genuine – same email address, logos and format



- Act Quick - 'headline news' or a job you've just done

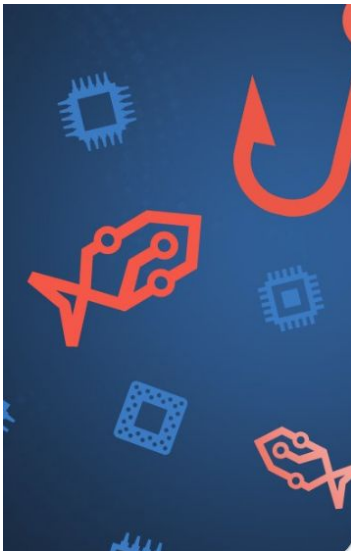


- They may have called your company or checked online to personalize the email

The attacker will do whatever they can to make their email **appear genuine and enticing** – they are very good at it

# Definitions

- **Phishing:** Untargeted. May relate to recent news stories, tax year, common organizations used by many – *‘spread the net wide and catch as many as you can’*
- **Spear-Phishing:** Targeted. Designed to look like a person or organization you know, some research needed – *‘fishing with a rod and line’*
- **Whaling:** Highly targeted. Reconnaissance required, may be tracking movements for months before making a move – *‘high rewards - the big one’*



***Phishing - via email***

***Smishing - via SMS***

***Vishing - via telephone***

# What Harm Could A Phishing Email Do?



- Create a **backdoor** into your system



- **Email** your contacts



- Corrupt or hold data to **ransom**



- **Change** bank account details



- Install a **Keylogger** to listen in



- **Change** contact details

Do not interact with a suspicious email  
Always double-check requests, using **KNOWN, GOOD** credentials

# The Consequences are Severe:

- 2/3 of SMBs have suffered a cyber-attack in the past 12 months (Ponemon Institute)
- Global cost of malware is \$2 trillion USD (Forbes)





# Do you have processes in place?

## • Mandate or Payment Diversion Fraud:



- An existing supplier changes their banking details
- A new supplier provides banking details

*Use an alternate method to check - i.e., phone a known contact.*

## • CEO Fraud:



- Email pretending to be the CEO/senior authorized person - payment to be made to...

*Instill a policy that it's good to double check - family businesses often operate on trust and few checks. Create an 'I will never....list'*

## • Business Email Compromise (BEC):



- From a compromised email account sending emails 'from inside their system'

*Use DMARC to help prevent the initial compromise. Check your email (forwarding) settings.*



**Prevent Phishing and Malware:  
Anti-Virus**

# Anti-Virus(AV): How does it work?



- Each virus has specific characteristics (a signature)
- AV checks for these and stops the virus infecting computer
- New viruses are created - a '**zero-day attack**' = no protection



- AV software updates (time lapse) = now protected



Some anti-virus software may look out for unusual behavior (heuristics)

It is important AV is **up to date**. New viruses are constantly being developed

# Prevent Phishing and Malware

- Install AV for computers and mobile devices
- Ensure devices and accounts are updated
- Conduct on-going user awareness training





# **Prevent Phishing and Malware: DNS Filtering**

# What Is DNS?



- Domain Name System (DNS) = the internet's 'phone book'



- New domains are created and registered by Registrars (e.g., GoDaddy..)



- Unique Domain Name (globalcyberalliance.org) assigned a unique set of numbers (IP address 192.297.10.27)

❖ *It is estimated that of the 200,000+ new domains registered daily across the globe up to 70% may be intended for malicious activity. (Palo Alto Networks)*

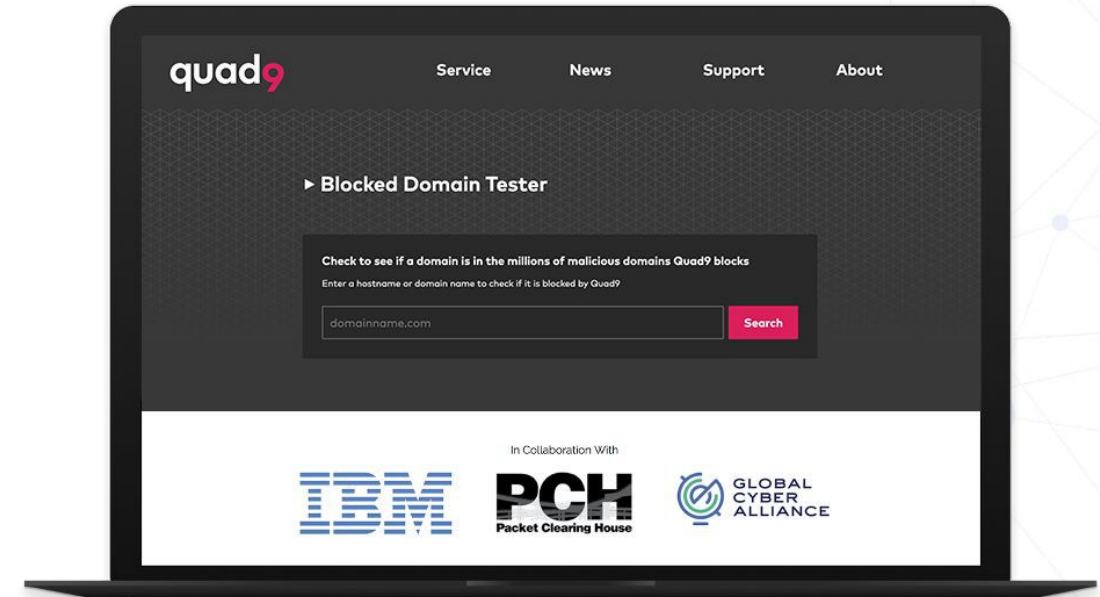
Criminals often register **look-alike** website domain names (i.e. rn instead of m)  
They may hide behind a 'Click Here' link in an email

# What is DNS Filtering?

## DNS filtering blocks access to known bad websites

**Quad9:** Checks IP address against threat intelligence feeds.

- Blocks if **known bad**
- Average **60+ million blocks** per day.
- **Easy** to set up



# Anti-Virus and Quad9



+ quad9

Anti-virus and DNS filtering (Quad9) work together to provide layers of defense



# Prevent Phishing and Malware:



- Be cautious of emails, clicking on links and downloading attachments



- Check (and install) anti-virus on devices and mobiles



- Regular Staff Awareness Training - *They are the network guardians*



- Configure Quad9
  - On your devices
  - Connect app on your Android device
  - Quad9 on your routers:

<https://www.lifewire.com/how-to-change-dns-servers-on-most-popular-routers-2617995>

# CRI Additional Resources

## Cyber Readiness Program

<https://cyberreadinessinstitute.org/the-program/>

- Covers four core focus areas: Authentication, Software Updates, Phishing, and USBs and Removeable Media
- Trains a cyber leader

## CRI Resources

<https://cyberreadinessinstitute.org/resources/>

- Remote work guides, ransomware guide, and additional resources and information for SMEs

## CRI Starter Kit

<https://cyberreadinessinstitute.org/starter-kit/>

- If you aren't ready to start the full program, there are some helpful tips and tricks in this kit.

# GCA Additional Resources

## GCA Cybersecurity Toolkit for Small Business

<https://gcatoolkit.org/smallbusiness/>

- Prevent Phishing and Malware

## GCA Learning Portal

<https://edu.globalcyberalliance.org/bundles/small-business>

- Protect Against Phishing & Malware

## GCA Community Forum

<http://community.globalcyberalliance.org/>

## Cyber Basics Resources

<https://gcatoolkit.org/cyber-basics-for-small-businesses-training/>



**Q & A**



## Join Us Next Week for Session 3

**April 28**

**8am EDT - 1pm BST - 2pm CET**

**12pm EDT - 6pm BST - 7pm CET**

### Backup and Recover

Why backups for your data and systems are important for your business

### Protect Your Email and Reputation

Know what DMARC stands for, why it's important, and what attacks it mitigates; be able to check your own email domain to see if DMARC is enabled